

BREAKFAST AND LUNCH ARE
AVAILABLE TO ALL STUDENTS FOR
FREE!

Staff/Visitor Lunches: \$4.00

EASTCONN
Breakfast & Lunch Menu
AUG/SEPT 2020

FRESH FRUITS AND VEGGIES
SERVED EVERY DAY!

<p>9/7</p> 	<p>9/8</p> <p>Mozzarella Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>9/9</p> <p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>9/10</p> <p>Cheeseburger Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>9/11</p> <p>Meatball Grinder Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
<p>9/14</p> <p>Pizza Crunchers Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>9/15</p> <p>Turkey Hotdog Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>9/16</p> <p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>9/17</p> <p>Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>9/18</p> <p>Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
<p>9/21</p> <p>Cheeseburger Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>9/22</p> <p>Meatball Grinder Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cinnamon Roll</p>	<p>9/23</p> <p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>	<p>9/24</p> <p>Mozzarella Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>9/25</p> <p>Chicken Tenders Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>
<p>9/28</p> <p>Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Cereal</p>	<p>9/29</p> <p>Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Choc. Chip Muffin</p>	<p>9/30</p> <p>Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i></p> <p>Breakfast: Apple Roll</p>		

*Menu subject to change without notice.

Welcome!

...to the 2020-2021 school year! We hope you all had a great summer!

- ❖ Please note during this time we will only have one breakfast option and one alternate lunch option. Also during this time there will be no snacks offered for purchase.
- ❖ All meals will be packaged individually in to-go style containers to keep your students safe and healthy.
- ❖ If you choose to send your child in with a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.

Breakfast

A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.



All meals will be packaged individually in to-go style packaging keeping your students'

safety our number one priority.



Lunch

If you choose to send in a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.



Lunch choices include: 1% Regular Milk and fat-free chocolate milk

What does a complete hot lunch include?

Grain, meat/meat alternate, vegetable, fruit & milk



This is an equal opportunity institution.

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