



Aug/Sept Menu 2026

Sterling Community School



**Alternate Lunch -
Stuffed Crust Pizza or Bagel Fun Lunch**

MEAL PRICES

BREAKFAST

NO COST

LUNCH

NO COST

2nd Entree \$2

Milk

1 Free Milk

included with meal

Additional \$.60

Adult

Breakfast \$3

Adult Lunch \$6

**Locally & Regionally
Sourced
Fresh Fruits,
Vegetables, & Milk
Served Daily**

BREAKFAST

***WG Cereal Daily**

Monday - Yogurt
Breakfast

Tuesday - Chocolate Chip
Muffin

Wednesday - Pumpkin
Bread

Thursday - Cinnamon
Roll

Friday - Bacon, Egg &
Cheese on a English
Muffin

Mon	Tue	Wed	Thu	Fri
8/24	8/25	8/26	8/27 BBQ Chicken Sandwich w/ Carrot Sticks	8/28 Housemade Cheese or Roni Pizza w/ Cuke Wheels
8/31 WG Chicken Tenders & Waffles w/ Cinnamon Sweet Potato Fries	9/1 Italian Grinder w/ Lettuce & Tomato Cuke Wheels	9/2 French Toast Stx, Turkey Sausage & Hash Browns	9/3 Chicken Caesar Salad w/Garlic Breadstick Chickpea Salad	9/4 Housemade Cheese or Roni Pizza w/ Romaine Salad
9/7 	9/8 Chicken Bruschetta Pasta w/ Garlic Breadstick Broccoli	9/9 Pancakes w/ Sausage & Hash Browns	9/10 Loaded Chicken Patty w/ Lettuce, Tomato & Pickles Carrot Sticks	9/11 Housemade Cheese or Roni Pizza w/ Cuke Wheels
9/14 WG Grilled Cheese w/ Chicken Noodle Soup Buttery Carrots	9/15 Pasta & Meatballs with a Garlic Breadstick and Green Beans	9/16 French Toast Stx, Turkey Sausage & Hash Browns	9/17 Cheesy Meaty Walking Tacos w/ Fiesta Black Beans	9/18 Housemade Cheese or Roni Pizza w/ Romaine Salad
9/21 Bacon Cheeseburger Sweet Potato Fries	9/22 Drummies & Cornbread w/ Broccoli	9/23 No School! Professional Development	9/24 French Toast Stx, Turkey Sausage & Hash Browns	9/25 Housemade Cheese or Roni Pizza w/ Romaine Salad
9/28 WG Chicken Tenders & Waffles w/ Cinnamon Sweet Potato Fries	9/29 Mac n Cheese, Cornbread w/Garlicky Green Beans	9/30 French Toast Stx, Turkey Sausage & Hash Browns		

* Menu subject to change without notice. Meals may vary based on product availability. This is an equal opportunity institution.

Snacks now available

Grades 6-8

**limit 2 snacks per person per
day**

Must have Cash or Positive balance on
ling account to purchase.

All snacks meet Smart Snack standards.

Payment for Snacks

***Linq Account** - Choose EASTCONN as district
<https://linqconnect.com>

***Cash** - Remaining change
is added to Linq account

***Check** - make out to Eastconn Food Services,
Memo Student name