



Nutrition Facts

Serving Size: 1 Bag (.5 oz/14g)

Number of Servings per Case 104

Amount Per Serving

Calories: 70

% Daily Value*

Total Fat	3 g	4 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	0 %
Polyunsaturated Fat	.5 g	
Monounsaturated Fat	1.5 g	
Cholesterol	0mg	0 %
Sodium	60 mg	3 %
Total Carbohydrate	9 g	3 %
Dietary Fiber	1 g	4 %
Total Sugars	0 g	
Added Sugars	0 g	0 %
Protein	1 g	

	Per Srv		Per Srv
Vitamin D	0 mcg	0 %	Calcium 0 mg 0 %
Iron	0 mg	0 %	Potassium 213 mg 4 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	GTIN	Pack	Pack Description	Serving/Case
112155	10020685125000	104 X .5 OZ		104

Brand	Brand Owner	GPC Description
CAPE COD	Snyder's-Lance, Inc.	Chips/Crisps/Snack Mixes – Natural/Extruded (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.50 LB	3.25 LB	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.5 IN	15.56 IN	10.88 IN	1.91 CF	6 x 9	98 Days	60 FA / 70 FA

Ingredients :

Potatoes, Vegetable Oil (contains one or more of the following: Canola Oil, Safflower Oil, and/or Sunflower Oil), Salt

Allergens(C='Contains' MC='May Contain' N='None'):

Eggs -	Milk -	Peanuts -
Soy -	Wheat -	TreeNuts -
Fish -	Crustacean -	Nuts -

Handling Suggestions :

To be stored in a cool, dry place with recommended temperature not to exceed 70F and relative humidity less than 60%

Benefits :

40% Less Fat than the leading brand of regular potato chip, No preservatives, Gluten Free, Cholesterol Free, 0g Trans Fat

Serving Suggestions :

Perfect on the tray or as an a carte snack for restaurants, hotels, colleges, stadiums, clubs, bars, etc.

Prep & Cooking Suggestions :

Ready to serve and enjoy!

More Information :

Please contact your Snyder's-Lance sales representative or call our Customer Service department at 1-888-722-1163 ext. 8313.