

Product Name	Apple Jacks for Schools
Flavor Descriptor	
NLI Description	SSB
Brand	Kellogg's



Date Created	01/07/20
NLI #	16195
Kosher Status	OU Pareve
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving	1
USDA Ounce Equivalents of Meat/Meat Alternate	
Whole Grains (g/serving)	12 g

Serving Size	1 Container	
Serving Size g	28	
Serving Size oz		
Amount Per Serving	Cereal	
Calories	110	
		% Daily Value*
Total Fat	1 g	1 %
Saturated Fat	0.5 g	3 %
Trans Fat	0 g	
Polyunsaturated Fat		
Monounsaturated Fat		
Cholesterol	0 mg	0 %
Sodium	160 mg	7 %
Total Carbohydrate	24 g	9 %
Dietary Fiber	2 g	6 %
Soluble Fiber		
Insoluble Fiber		
Total Sugars	8 g	
Includes 8g Added Sugars	8 g	16 %
Sugar Alcohol		
Protein	2 g	
Vitamin D	2 mcg	10 %
Calcium	0 mg	0 %
Iron	1.8 mg	10 %
Potassium	40 mg	0 %
Vitamin A		%
Vitamin C		10 %
Vitamin E		%
Vitamin K		%
Thiamin		10 %
Riboflavin		10 %
Niacin		10 %
Vitamin B6		10 %
Folate	40 mcg DFE	10 %
Folic Acid	20 mcg	
Vitamin B12		10 %
Biotin		%
Pantothenic Acid		%
Phosphorus		%
Iodine		%
Magnesium		%
Zinc		%
Selenium		%
Copper		%
Manganese		%
Chromium		%
Molybdenum		%
Chloride		%
Choline		%
Fluoride		%

Ingredients:
Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, vegetable oil (hydrogenated coconut, soybean and/or cottonseed), salt, soluble corn fiber, degerminated yellow corn flour, dried apples, apple juice concentrate, cornstarch, cinnamon, yellow 6, modified corn starch, wheat starch, natural flavor, baking soda, yellow 5, red 40, blue 1.
Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

ALLERGEN INFORMATION:
CONTAINS WHEAT INGREDIENTS.

Nutrient Contents Per 100g			
Calories	387	Vitamin E	0 mg
Total Fat	4.1 g	Vitamin K	NA mcg
Saturated Fat	1.9 g	Thiamin	0.43 mg
Trans Fat	0.0 g	Riboflavin	0.46 mg
Polyunsaturated Fat	1.3 g	Niacin (NE)	5.7 mg
Monounsaturated Fat	0.8 g	Vitamin B6	0.61 mg
Cholesterol	0 mg	Folate (DFE)	143 mcg
Sodium	576 mg	Folic Acid	86 mcg
Total Carbohydrate	86.7 g	Vitamin B12	0.9 mcg
Dietary Fiber	6.4 g	Biotin	NA mcg
Soluble Fiber	1.4 g	Pantothenic Acid	NA mg
Insoluble Fiber	5.0 g	Phosphorus	85 mg
Total Sugars	28.6 g	Iodine	NA mcg
Added Sugars	27.9 g	Magnesium	62 mg
Sugar Alcohols	0.0 g	Zinc	0.7 mg
Protein	6.3 g	Selenium	NA mcg
Vitamin D	7.1 mcg	Copper	NA mg
Calcium	14.6 mg	Manganese	NA mg
Iron	6.4 mg	Chromium	NA mcg
Potassium	173 mg	Molybdenum	NA mcg
Vitamin A (RAE)	31 mcg	Chloride	NA mg
Vitamin C	32 mg	Choline	NA mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA mg
		Moisture	2.5 %
		Ash	0.4 %
		Whole Grain	44.64 %

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
00038000787874	Case		96
00038000926341	Carton	1oz (28g)	1
00038000787911	Case		

Product information can change at any time. Always refer to product package for current nutrition and ingredient information.

Bonnie Farmer

Bonnie Farmer, MS, RD
 Nutrition Labeling & Regulatory Compliance
 Kellogg Company

