

4 - WHEAT SANDWICH BREAD

Nutrition Facts	
About 28 Servings per container	
Serving Size	1Slice (24g)
Amount Per Serving	
Calories	70
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	5%
Total Carbohydrate 12g	4%
Dietary Fiber less than 1g	3%
Total Sugars 1g	
Includes less than 1g Added	
Sugars 2%	
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 20mg	0%
Iron 0.7mg	4%
Potassium 30mg	0%
Thiamin 0.09mg	8%
Riboflavin 0.05mg	4%
Niacin 0.8mg	4%
Folate 35mcg DFE	8%
(17mcg Folic Acid)	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Whole Wheat Flour, Sugar, Wheat Gluten, Yeast, Soybean Oil, Contains less than 2% of each of the following: Cultured Wheat Flour, Cracked Wheat, Salt, Wheat Flour, Dried Molasses, Vinegar, Wheat Starch, Datem, Vegetable Oils (Coconut Oil, Canola Oil, High Oleic Soybean Oil and/or High Oleic Canola Oil), Hydrogenated Soybean Oil, Monoglycerides, Enzymes, Calcium Sulfate, Ascorbic Acid (Dough Conditioner), Soy Lecithin, Sunflower Lecithin.

Contains: Wheat and Soy.

Claims: Low Fat
 0g Trans Fat
 Cholesterol Free
 3g of Whole Grains Per Serving