



Flower, Edible, Orchid

Purchasing Specifications

Availability:

Year round

Receiving Information:

- Selection: Dendrobium orchids are bright pink and white. Avoid discolored flowers.
- The shelf life on edible flowers is short, they need to be ordered and used quickly.

Storage/Handling:

- Storage: They are extremely cold-sensitive and will freeze easily.

- Temperature fluctuations will cause the shelf-life to vary greatly.
- Always keep refrigerated until use.
- Wash prior to serving.
- Keep edible flowers in their original plastic clamshell storage containers.

- Dendrobium orchids are one of the edible types of orchids. Edible flowers must be purchased from a reputable foodservice supplier, not a florist.
- They have a bright, dark pink and white color that stands out on the plate.
- Edible flowers are not suited for cooking, they are generally used as garnish only, with the exception below.
- They can be used as is, or coated with sugar (crystallized) which is perfect for desert applications.
- For savory applications, they can be used whole or the petals can be torn apart and added into salads, or to garnish hors d'oeuvres, appetizers, or an amuse bouche. While they don't usually add any noticeable flavor, edible flowers add an attractive color. The torn petals can also be added to something that is cooked quickly, like an omelette. They are not recommended for any lengthy cooking applications.
- Edible orchids are delicate, but not as delicate as other edible flowers, such as pansy, nasturtiums, or herb flowers. This makes them an ideal choice for plate-ups that sit in a heated window for a very short time. As expected, they will fade over time, so use caution with extreme temperatures.