



Broccolini®

- A cross between Chinese kale and broccoli, Mann's Broccolini® delivers flavor that's sweeter and milder than regular broccoli. It is 100% edible from flower to stem optimizing plate coverage. Hand cultivated and hand-harvested, Broccolini stars in ethnic presentations from Mediterranean through the entire range of Asian cuisines to classic American.

Purchasing Specifications

Information source: Mann Packing

Crop Specifications:

- Slight yellowing, flowering is normal for Broccolini®
- Every box has 18 bunches. Each bunch must have a minimum of 13 stalks and must weigh approximately 8 oz. The product weight inside the box (after subtracting the box weight) must be at least 9 lbs. Bunches have a rubber band with a tag on it. The bunches should be neatly assembled and properly sized.
- Seasonal conditions and varietal traits may lead to sizing that exceeds specification.

Physical Properties:

- Aroma: Clean, typical of Broccolini. No strong off-odors.
- Flavor: Typical of Broccolini, no strong off-flavors.
- Appearance/color: Broccolini must be fresh and firm. Typical medium to dark green color.
- Length: Length should be approximately 9–7 inches.
- Defects: Product will be free of glass, metal, and wood.
- <5% Major Defects Allowed, which includes mechanical damage, wilting, scarring, dirt/mud, fibrous skin, uneven cut, pith, and any other defect.
- The sum of any of the aforementioned defects shall not be greater than 15%.
- Up to 15 flowers allowed for every 2 lbs of broccolini.

Nutrition Facts

Serving Size: about 7 pieces

Amount Per Serving

Calories 30	Fat Calories
% Daily Value*	
Total Fat 0 g	
Sat Fat 0 g	
Trans Fat	
Cholesterol 0 mg	
Sodium 10 mg	0%
Total Carbohydrates 5 g	2%
Dietary Fiber 4 g	14%
Sugars 1g	
Protein 3g	
Potassium 232 mg	4%
Vitamin D 0%	Vitamin C n/a
Calcium 4%	Iron 1%

*Percent Daily Values are based on a 2,000-calorie diet.