



6/3.24 lb Idahoan REAL Mashed Potato - cartons



Idahoan real mashed potato made from real Idaho potatoes

Product Last Saved Date:18 January 2017

Nutrition Facts

Serving Size: 140 GRM	
Number of Servings per	480
Amount Per Serving	
Calories: 80	Calories from Fat: 10
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat .5 g	
Cholesterol 0 mg	0%
Sodium 310 mg	7%
Total Carbohydrate 17 g	6%
Dietary Fiber 1 g	6%
Sugars 1 g	
Protein 2 g	
Vitamin A 0%	Vitamin C 6%
Calcium 2%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	Carbohydrate 4 Protei 4

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
2970020405	IDAHOAN2970020405	10029700204058	6 X 3.24 LBR	

Brand	Brand Owner	GPC Description
Idahoan	IDAHOANFOODS,LLC	Vegetables – Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.2 LBR	19.44 LBR	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.5 INH	11.9 INH	8.25 INH	0.994 FTQ	8x5	365 Days	32 FAH / 80 FAH

Ingredients :

Idaho® potatoes, salt, vegetable oil (contains one or more of the following: canola, soybean, cottonseed, sunflower), nonfat dry milk, monoglycerides, calcium stearoyl lactylate, spice, artificial color, natural and artificial flavors, sodium acid pyrophosphate (preserve freshness), sodium bisulfite (preserve freshness), citric acid (preserve freshness) and mixed tocopherols added to protect freshness.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - MC	Peanuts - N
Soy - MC	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80 dgress F and 60% R.H.

Benefits :

1 min., 1 step, preparation reduces labor costs; use hot or cold water; can be customized or prepare as is; made with 100% real Idaho potatoes.

Serving Suggestions :

One minute, one step preparation. Prepare with hot or cold water

Prep & Cooking Suggestions :

One minute, one step preparation. Prepare with hot or cold water

More Information :