



1131 W. Blackhawk St.
Chicago, IL 60642

National School Lunch & Breakfast Program

Product Description	Uncle Ben's® Natural Whole Grain Brown Rice				
UPC Code	0 54800 12111 3	Units Per Case	1 / 25	lb	Item Code U12111

Meal Pattern Contribution

Portion Size	1/2 cup prepared
Meal Pattern	Creditable Amount
Grains (Oz. Equivalent)	1
Meat/Meat Alt. (Oz. Equivalent)	
Vegetables (Cups)	
Beans/Peas (Legumes)	

Comments

Meets the Definition of Whole Grain Rich?	<input checked="" type="checkbox"/> Y <input type="checkbox"/> N
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Product Information

Nutrition Facts, serving size, and claims are based on FDA Regulations.
Portion size used in the calculation of Meal Pattern differs from FDA Serving Size.

Nutrition Facts	
Serving Size 1/4 cup dry (48g) (About 1 cup cooked)	
Servings Per Container About 236	
Amount Per Serving	
Calories 170	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 100mg	3%
Total Carbohydrate 36g	12%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 2%
Thiamin 10%	Niacin 20%
Folate 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

WHOLE GRAIN PARBOILED BROWN RICE.

Fat Free		Cholesterol Free	<input checked="" type="checkbox"/>
Low Fat	<input checked="" type="checkbox"/>	Low Cholesterol	
No Saturated Fat	<input checked="" type="checkbox"/>	Sodium Free	<input checked="" type="checkbox"/>
Low Saturated Fat		Very Low Sodium	
0g Trans Fat	<input checked="" type="checkbox"/>	Low Sodium	

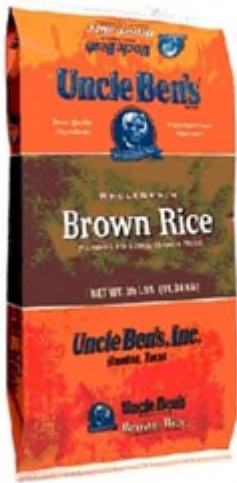
I certify that the above information is true and correct.

Peter Lu

Regulatory Affairs Manager

Date Signed:

6/1/2018



Mars Foodservice Uncle Bens Whole Grain Brown Rice 25 lb.

Item 12111