



Bonduelle Usa Inc.

# 1067582515 - Mixed Vegetables 4 Way

Bonduelle is the world's undisputed leader in processed vegetables



## Nutrition Facts

Serving Size: 85

Number of Servings per 107

Amount Per Serving

Calories: 45

Calories from Fat: 0

% Daily Value\*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 45 mg 2%

Total Carbohydrate 9 g 3%

Dietary Fiber 3 g 11%

Sugars 3 g %

Protein 2 g %

	Per Srv		Per Srv
Vitamin A	%	Vitamin C	%
Calcium	0%	Iron	4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat	Carbohydrate		Protein

### \* Benefits

### Ingredients

Carrots, Green Beans, Corn, Peas

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- dairy
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep frozen below -18 degrees C/0 degrees F. Do not allow contents to thaw.

### Serving Suggestions

Side dish, soup, stew, rice, stuffing, sauce

### Prep & Cooking Suggestions

Boil water, high heat; 1 cup water to 3 cups vegetable. Add vegetables and return to high heat boil. Cover and simmer. Cook to desired tenderness. Drain before serving. 160 degrees F is minimum cooked temperature.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Chill Ripe	Bonduelle Usa Inc.	Mixed Vegetables

MFG #	SPC #	GTIN	Pack	Pack Desc.
89019	1067582515	10034700890194	1	1/20 lbs

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
21.34 lb	20 lb	No	CAN		

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5 in	9.13 in	7.81 in	0.64 ft3	13x7	730 DAYS	-10°F / 0°F



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**Chill Ripe Mix Vegetable 4 Way k**

## Nutrition Analysis

Calories	45 kcal	Total Fat	0 g	Sodium	45 mg
Protein	2 g	Trans Fats	0 g	Calcium	24 mg
Total Carbohydrates**	9 g	Saturated Fat	0 g	Iron	0.7 mg
Sugars	3 g	Polyunsaturated Fat		Potassium	143 mg
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)	0	Vitamin D	0 mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

