



Upstate Niagara Cooperative Inc.
1070772166 - Uf Van Nf Yog 4oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate. Gluten Free.



Nutrition Facts

Serving Size: 4 Ounces
Number of Servings per 48

Amount Per Serving

Calories: 90 **Calories from Fat:** 0

% Daily Value*

| | | |
|---------------------------|-------|----|
| Total Fat | 0 g | 0% |
| Saturated Fat | 0 g | 0% |
| Trans Fat | 0 g | |
| Cholesterol | 5 mg | 1% |
| Sodium | 50 mg | 2% |
| Total Carbohydrate | 19 g | 7% |
| Dietary Fiber | 0 g | 0% |
| Sugars | 14 g | % |
| Protein | 3 g | % |

| | | | |
|------------------|---------------|------------------|---------------|
| Vitamin A | Per Srv 0% | Vitamin C | Per Srv 0% |
|------------------|---------------|------------------|---------------|

Calcium 20% **Iron** 0%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

| | Calories | 2,000 | 2,500 |
|--------------------|--------------|-------|---------|
| Total Fat | Less than | | |
| Sat. Fat | Less than | | |
| Cholesterol | Less than | | |
| Sodium | Less than | | |
| Total Carbohydrate | | | |
| Dietary Fiber | | | |
| Calories per gram | | | |
| Fat | Carbohydrate | | Protein |

* Benefits

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate(For freshness), Natural Flavors, Citric Acid, Vitamin D3

⚠ Allergens

Contains:



Free From:



Handling Suggestions

Keep Refrigerated. DO NOT FREEZE

Serving Suggestions

Ready to eat as is or can be enjoyed when mix with fruit or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

📄 Product Specifications

| Brand | Manufacturer | Product Category |
|---------------|----------------------------------|------------------|
| Upstate Farms | Upstate Niagara Cooperative Inc. | Yogurt |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|------------|----------------|------|------------|
| 9822 | 1070772166 | 10078800113401 | | 48/4 oz |

| Gross Weight | Net Weight | Catch Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|--------------|-------------------|--------|-----------------|
| 13.5 lb | 12 lb | No | USA | Yes | |

| Shipping Information | | | | | | |
|----------------------|---------|--------|----------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 13 in | 9.63 in | 7 in | 0.51 ft3 | 14x8 | 90 DAYS | 34°F / 40°F |



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Upstate Farms Vanilla Nonfat Yogurt 4oz

Nutrition Analysis

| | | | | | |
|------------------------|--------|---------------------|------|--------------|--------|
| Calories | 90 D70 | Total Fat | 0 g | Sodium | 50 mg |
| Protein | 3 g | Trans Fats | 0 g | Calcium | 290 mg |
| Total Carbohydrates... | 19 g | Saturated Fat | 0 g | Iron | 0 mg |
| Sugars | 14 g | Polyunsaturated Fat | | Potassium | 160 mg |
| Dietary Fiber | | Monounsaturated Fat | | Zinc | |
| Lactose | | Cholesterol | 5 mg | Phosphorus | |
| Sucrose | | | | | |
| Vitamin A(IU) | 0 µg | Vitamin D | 4 mg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

