



Upstate Niagara Cooperative Inc.

1070749199 - Uf Rasp Nf Blnd Yog 4oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



Nutrition Facts

Serving Size: 4 Ounces
Number of Servings per 48

Amount Per Serving

Calories: 90 **Calories from Fat:** 0

% Daily Value*

Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	5 mg	1%
Sodium	55 mg	2%
Total Carbohydrate	19 g	6%
Dietary Fiber	0 g	0%
Sugars	14 g	%
Protein	3 g	%

Vitamin A	Per Srv 0%	Vitamin C	Per Srv %
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Calcium	20%	Iron	0%
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*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			
Calories per gram			
Fat			
Carbohydrate			
Protein			

* Benefits

Ingredients

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Raspberries, Whey, Purple Carrot Juice Concentrate (for color), Tricalcium Phosphate (for freshness), Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Lemon Juice Concentrate, Natural Flavors, Locust Bean Gum, Vitamin D3

! Allergens

Contains:



Free From:



Handling Suggestions

Keep refrigerated. DO NOT FREEZE.

Serving Suggestions

Ready to eat as is or can be enjoyed when mixed with fruit or granola.

Prep & Cooking Suggestions

Keep refrigerated until ready to eat.

Product Specifications

Brand	Manufacturer	Product Category
Upstate Farms	Upstate Niagara Cooperative Inc.	Yogurt

MFG #	SPC #	GTIN	Pack	Pack Desc.
9817	1070749199	10078800112916		48/4 oz

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
13.5 lb	12 lb	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13 in	9.63 in	7 in	0.51 ft3	14x8	90 DAYS	34°F / 40°F



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Upstate Farms Raspberry Nonfat Blended Yogurt

Nutrition Analysis

Calories	90 D70	Total Fat	0 g	Sodium	55 mg
Protein	3 g	Trans Fats	0 g	Calcium	290 mg
Total Carbohydrates...	19 g	Saturated Fat	0 g	Iron	0 mg
Sugars	14 g	Polyunsaturated Fat		Potassium	160 mg
Dietary Fiber		Monounsaturated Fat		Zinc	
Lactose		Cholesterol	5 mg	Phosphorus	
Sucrose					
Vitamin A(IU)	0 µg	Vitamin D	4 mg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

