



## 61115 – Golden Grahams (WG) Breakfast Breaks

**Serving Size: 1 meal**

Each serving (1 meal) of Breakfast Breaks provides 2 ounce equivalent grain servings, and ½ cup fruit based on the USDA Food Buying Guide Requirements.

Code	Component	Menu item	Serving Size	Component Value	Cal	Cal/Fat	Tot Fat g	Sat Fat g	Trans fat g	Chol mg	Sod mg	Total Carb g	Dietary Fiber g	Sugar g	Prot g	Vit A IU	Vit C mg	Calcium mg	Iron mg	Thiamin mg	Riboflavin mg	Niacin mg	Vit B6 mg
61115	Cereal	<b>Golden Grahams (WG)</b>	1 oz (28g)	1 oz eq gr	110	10	1.0	0.0	0	0	220	24	1	9	1	400	4.8	80	3.60	0.30	0.34	4.00	0.40
	Additional grain	<b>Animal Crackers (100% WG)</b>	1.1 oz	1 oz eq gr	120	40	4.5	0.0	0	0	115	20	2	6	2	0	0.0	0	0.72	0.00	0.00	0.00	0.00
	Fruit serving	<b>Apple Juice, 100% Juice</b>	4 fl oz	1/2 cup f	60	0	0.0	0.0	0	0	10	15	0	12	0	0	60.0	0	0.00	0.00	0.00	0.00	0.00
	<b>Total Nutritional Profile</b>				<b>290</b>	<b>50</b>	<b>5.5</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>345</b>	<b>59</b>	<b>3</b>	<b>27</b>	<b>3</b>	<b>400</b>	<b>64.8</b>	<b>80</b>	<b>4.32</b>	<b>0.30</b>	<b>0.34</b>	<b>4.00</b>	<b>0.40</b>

**INGREDIENTS: Golden Grahams:** Whole Grain Wheat, Corn Meal, Sugar, Brown Sugar Syrup, Canola Oil, Dextrose, Baking Soda, Salt, Natural Flavor. Vitamins And Minerals: Calcium Carbonate, Iron And Zinc (Mineral Nutrients), Vitamin C (Sodium Ascorbate), B Vitamin (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Mononitrate), Vitamin A (Palmitate), B Vitamin (Folic Acid), Vitamin B12, Vitamin D3. **Animal Cracker, 100% WG:** Whole Wheat Flour, Sugar, High Oleic Safflower Oil, Invert Syrup, Salt, Soy Lecithin (An Emulsifier), Leavenings (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Natural Flavors, Egg. **100% Juice - Apple Juice:** Water, Apple Juice Concentrate, Vitamin C (Ascorbic Acid). **Contains: Wheat, Egg and Soy.**

Each breakfast kit contains:

- 2 ounce equivalent grain servings
- Fruit serving
- Spoon, straw and napkin

A trash bag is included in each master case.

Shelf life: 4 months  
 Case count: 72 meals per case  
 TiHi: 4 x 8  
 Pallets/truck: 28-30  
 Case dims: 23.75" x 9.625" x 22.88"  
 Cube: 3.03ft<sup>3</sup>  
 Net case wt: 27.45 lbs  
 Gross case wt: 36 lbs  
 Case code: "Best-Used By" date  
 GTIN: 106 93392 00015 3

*I certify that the information above is correct*

Kelly McKernan  
 QA Manager