



FURMANO FOODS INC.

# 1067905154 - 6/110oz Pch Lsan Blk Bns In Brine

All Natural - Low Sodium Black Beans in Brine, manufactured by Furmano Foods, shall conform to U.S. Grade A standards using the USDA Standards for Processed Dried Beans, effective September 1, 1976.



## Nutrition Facts

**Serving Size:** 0.5 Cup (US)s  
**Number of Servings per** 144

### Amount Per Serving

**Calories:** 130 **Calories from Fat:** 0

### % Daily Value\*

<b>Total Fat</b>	0.5 g	1%
<b>Saturated Fat</b>	0 g	0%
<b>Trans Fat</b>	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	140 mg	6%
<b>Total Carbohydrate</b>	25 g	9%
<b>Dietary Fiber</b>	6 g	21%
<b>Sugars</b>	1 g	%
<b>Protein</b>	9 g	%

<b>Vitamin A</b>	Per Srv 0%	<b>Vitamin C</b>	Per Srv 0%
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<b>Calcium</b>	4%	<b>Iron</b>	10%
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\*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
<b>Total Fat</b>	Less than		
<b>Sat. Fat</b>	Less than		
<b>Cholesterol</b>	Less than		
<b>Sodium</b>	Less than		
<b>Total Carbohydrate</b>			
<b>Dietary Fiber</b>			

Calories per gram		
<b>Fat</b>	<b>Carbohydrate</b>	<b>Protein</b>

## \* Benefits

## Ingredients

Black Beans, Water, Salt, Calcium Chloride

## ⚠ Allergens

### Free From:

- crustaceans
- eggs
- fish
- dairy
- peanuts
- sesame
- soy
- tree nuts
- wheat

## Handling Suggestions

Cool, dry storage at 65°F - Shelf Life 42 Months at 40° - 85° F

## Serving Suggestions

Base for Soups, Chiles, or Casseroles

## Prep & Cooking Suggestions

Ingredient

## 📄 Product Specifications

Brand	Manufacturer	Product Category
Furmanos	FURMANO FOODS INC.	Beans, Dried

MFG #	SPC #	GTIN	Pack	Pack Desc.
F11987	1067905154	00041188119870	6	6/110 oz pouches

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
44 lb	41.25 lb	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.25 in	10 in	11.25 in	0.86 ft3	8x7	1260 DAYS	40°F / 85°F



**FURMANO FOODS INC.**

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All Natural - Low Sodium Black Beans in Brine, manufactured by Furmano Foods, shall conform to U.S. Grade A standards using the USDA Standards for Processed Dried Beans, effective September 1, 1976.

**Furmanos; 6/1100Z Pouch Low Sodium All Natural Black Beans**



### Nutrition Analysis

Calories	130	Total Fat	0.5 g	Sodium	140 mg
Protein	9	Trans Fats	0 g	Calcium	51 mg
Total Carbohydrates**	25 g	Saturated Fat	0 g	Iron	2 mg
Sugars	1 g	Polyunsaturated Fat		Potassium	
Dietary Fiber	6 g	Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

