



FURMANO FOODS INC.

1067888168 - 6/10 Lsan Blk Bns In Brine

All Natural - Low Sodium Black Beans in Brine, canned by Furmano Foods, shall conform to U.S. Grade A standards using the USDA Standards for Canned Dried Beans, effective September 1, 1976.



Nutrition Facts

Serving Size: 0.5 Cup (US)s
Number of Servings per 144

Amount Per Serving

Calories: 130 Calories from Fat: 0

% Daily Value*

Total Fat	0.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	140 mg	6%
Total Carbohydrate	23 g	8%
Dietary Fiber	6 g	21%
Sugars	1 g	%
Protein	8 g	%

Vitamin A	Per Srv 0%	Vitamin C	Per Srv 0%
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Calcium 4% **Iron** 10%

*Percent DailyValues are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than		
Sat. Fat	Less than		
Cholesterol	Less than		
Sodium	Less than		
Total Carbohydrate			
Dietary Fiber			

Calories per gram			
Fat	Carbohydrate		Protein

* Benefits

Ingredients

Black Beans, Water, Salt, Calcium Chloride

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- dairy
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Cool, dry storage at 65°F - Shelf Life 42 Months at 40° - 85° F

Serving Suggestions

Base for Soups, Chiles, or Casseroles

Prep & Cooking Suggestions

Ingredient

📄 Product Specifications

Brand	Manufacturer	Product Category
Furmanos	FURMANO FOODS INC.	Beans, Canned, Ref, Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
F11623	1067888168	00041188116237	6	6/#10 cans

Gross Weight	Net Weight	Catch Weight	Country of Origin	Kosher	Child Nutrition
47 lb	41.25 lb	No	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.81 in	12.63 in	7.25 in	1 ft3	8x7	1260 DAYS	40°F / 85°F



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All Natural - Low Sodium Black Beans in Brine, canned by Furmano Foods, shall conform to U.S. Grade A standards using the USDA Standards for Canned Dried Beans, effective September 1, 1976.

Furmanos; 6/#10 Low Sodium - All Natural Black Beans in Brine



Nutrition Analysis

Calories	130	Total Fat	0.5 g	Sodium	140 mg
Protein	8	Trans Fats	0 g	Calcium	48 mg
Total Carbohydrates***	23 g	Saturated Fat	0 g	Iron	2 mg
Sugars	1 g	Polyunsaturated Fat		Potassium	
Dietary Fiber	6 g	Monounsaturated Fat		Zinc	
Lactose		Cholesterol	0 mg	Phosphorus	
Sucrose					
Vitamin A(IU)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

