





YIELD IS BASED ON AVERAGE STANDARD YIELDS AND MAY VARY FROM CASE TO CASE.

HORMEL'S COOKED HAM is a flavorful, high quality ham that's water added for an economical price. The firm texture provides appealing thin, whole slices. This 95% fat free COOKED HAM has 25% less sodium and 40% less fat than regular ham.

 Made from select fresh hams for a high quality product; Firm texture and bind for optimum slicing Cook-in-the-Bag method for virtually no purge or waste; Easy to open packages for time and labor savings; 25% less salt and 40% less fat to appeal to health conscious consumers.

Slice for sandwiches, or dice and use as an ingredient. Perfect for serving either hot or cold.

HORMEL COOKED HAM can be served hot or cold. The product can be baked, grilled, broiled or fried.

NUTRITIONAL FACTS

Serving Size	56 g
Amount Per Serving	
Calories	60
Calories From Fat	25
Total Fat	3 g
Saturated Fat Trans Fat	1 g 0 g
Cholesterol	30 mg
Sodium	480 mg
Potassium	0 mg
Total Carbohydrates	0 g
Dietary Fiber	0 g
Sugars	0 g
Protein	9 g
Vitamin A	0%
Vitamin C	0%
Iron	2%
Calcium	0%

^{*} Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS

Ingredients: Smoke Flavoring Added Cured with Water, Salt, Dextrose, Potassium Chloride, Sodium Phosphates, Smoke Flavoring, Sodium Erythorbate, Sodium Nitrite.

Yield is based on average standard yields and may vary from case to case.

ALLERGEN INFO

No Allergens present

STORAGE

32 F - 40 F Storage Temp

Storage

Method Refrigerated

Keep

Net Weight

13 LB

MASTER CASE

