

McCain® REDUCED SODIUM SMILE POTATOES
USDA School Lunch Meal Planning Nutrition Facts
OIF03456

NUTRITION FACTS			
Serving Size 2.41 oz. (68g) FROZEN *** about 4 pieces			
Amount per Serving			
Calories 130		Calories from Fat 40	
% Daily Value*			
Total Fat 4.5g			7%
Saturated Fat 0.5g			3%
<i>Trans Fat</i> 0g			
Polyunsaturated Fat 1.5g			
Monounsaturated Fat 2g			
Cholesterol 0mg			0%
Sodium 180mg			8%
Potassium 250mg			7%
Total Carbohydrate 20g			7%
Dietary Fiber 2g			8%
Sugars 0g			
Protein 2g			
Vitamin A 0%	Vitamin C 4%		
Calcium 0%	Iron 2%		
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.			

*** Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain potatoes.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (January 2013 Update)			
Product: Potato Products, frozen, Mashed (pg. 2-49), Potato dehydrated flake, Low Moisture Includes USDA Foods (pg. 2-47)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.60	1/2 cup heated vegetable	3.76

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.60	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.765 oz by weight	X	7.39 / 16	1.277
Potato, Dehydrated, Flakes	0.2938 oz by weight	X	50.5 / 16	0.927
A. Total Creditable Amount				2.204

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

** The raw weight of 4 Smiles is 3.45 oz.

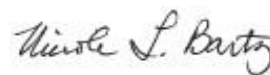
Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

8/23/2016

Date



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Research and Development