



**McCain® CRISPY BAKEABLE SEASONED 8 CUT WEDGE FRIES**  
 USDA School Lunch Meal Planning Nutrition Facts  
 100000496

## Nutrition Facts

about 160 serving per container

**Serving size** **2.89 oz (82g)**

Amount Per Serving

**Calories** **120**

	% Daily Value*
<b>Total Fat</b> 4g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> Less than 5mg	1%
<b>Sodium</b> 140mg	6%
<b>Total Carbohydrates</b> 20g	7%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.4mg	2%
Potassium 230mg	4%
Vitamin A	2%
Vitamin C	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A 2,000 calorie diet is used for general nutrition advice.

**INGREDIENTS:** Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto Extract (color), Corn Starch, Corn Starch - Modified, Dextrin, Dextrose, Extractives of Capsicum, Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Paprika (color), Paprika Extract (color), Potassium Chloride, Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Color, Spices, Tapioca Starch - Modified, Xanthan Gum.

**Per FBG, one frozen serving portion (1/2 cup baked vegetable) equals 2.89 oz of McCain seasoned wedges.**

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Potatoes, frozen, Wedges, USDA Commodity			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.9	1/4 cup baked vegetable	8.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. (pg. 2)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	27.56	1/2 cup baked vegetable	3.63

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving. (pg. 2)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	165.34	1/2 cup baked vegetable	0.60

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Frozen, Wedges	2.69oz by weight	X	11.9/ 16	2.000
<b>A. Total Creditable Amount</b>				<b>2.000</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

2/11/2020  
Date

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