



Sun-Maid Raisin Cartons - 24/6/1.33 oz. - 2020-000

Ingredients: California Seedless Raisins

Nutrition Facts	
Serving Size 1 box (38g)	
Servings Per Container	
Amount Per Serving	
Calories 120	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Potassium 290mg	8%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	9%
Sugars 27g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

Nutrients	Per 100g	Nutrients	Per 100g
Gram Weight (g)	100	Vitamin B1 (mg)	0.1
Calories (kcal)	316	Vitamin C (mg)	0.24
Calories from Fat (kcal)	6.39	Vitamin D (mg)	0.00
Calories from Sat Fat (kcal)	0.54	Vitamin E - Alpha-Toco (mg)	0.12
Protein (g)	3.02	Folate (mcg)	4.91
Carbohydrates (g)	76.9	Vitamin K (mcg)	3.44
Dietary Fiber (g)	5.86	Calcium (mg)	35.1
Total Sugars (g)	71.4	Copper (mg)	0.31
Added Sugars (g)	0.00	Iron (mg)	3.05
Fat (g)	0.71	Magnesium (mg)	31.41
Saturated Fat (g)	0.06	Manganese (mg)	0.29
Mono Fat (g)	0.05	Phosphorus (mg)	99.12
Poly Fat (g)	0.04	Potassium (mg)	766
Trans Fatty Acid (g)	0.00	Selenium (mcg)	0.59
Cholesterol (mg)	0.00	Sodium (mg)	19.4
Water (g)	17	Zinc (mg)	0.21
Vitamin A (IU)	7.73		

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