

  
**UPSTATE NIAGARA**  
COOPERATIVE, INC.  
FARMER OWNED

March 16, 2017

General Office:  
25 Anderson Road  
Buffalo, NY 14225

Membership Division:  
700 Ellicott Street, Suite 2  
Batavia, NY 14020

Information Technology:  
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Buffalo, NY 14225

Buffalo Fluid Plant:  
1730 Dale Road  
Buffalo, NY 14225

Rochester Fluid Plant:  
45 Fulton Avenue  
Rochester, NY 14608

Valley Farms Dairy, LLC:  
1860 East Third Street  
Williamsport, PA 17701

Cultured Products Plant:  
3300 North America Drive  
West Seneca, NY 14224

North Country Dairy, LLC:  
22 County Route 52  
North Lawrence, NY 12967

O-AT-KA Milk Products  
Cooperative, Inc.:  
700 Ellicott Street  
Batavia, NY 14020

Dear Valued Customer:

In accordance with the **USDA Food and Nutrition Service regulations, Child Nutrition Labeling for Nonmeat Products**, each 4oz cup of Upstate Farms Non Fat Blended Yogurt equals one ounce equivalent meat alternate. The following CFR citation is provided for your reference.

**7 CFR Part 226.20 Food and Nutrition Service, USDA**

**§ 226.20 Requirements for meals.**

**(C) Yogurt may be used to meet all or part of the meat/meat alternate requirement.**

Yogurt served may be either plain or flavored, unsweetened or sweetened. Noncommercial and/or nonstandardized yogurt products, such as frozen yogurt, homemade yogurt, yogurt flavored products, yogurt bars, yogurt covered fruit and/or nuts or similar products shall not be credited. **Four ounces (weight) or 1/2 cup (volume) of yogurt fulfills the equivalent of one ounce of the meat/meat alternate requirement in the meal pattern.**

I certify that Upstate Farms Nonfat Blended yogurt meets the requirements of a standardized yogurt as defined by 21 CFR 131.206

Please feel free to contact me if you have any questions regarding this information.

Sincerely,



**James G. Murphy**  
Chief Science Officer  
Upstate Niagara Cooperative, Inc.

